

2009

Men	Home	Time	Women	Home	Time
1 Thomas Omwenga	Kenya	1:35:29	1 Lucy Njeri	Kenya	1:50:27
2 Edward Tabat	Kenya	1:38:59	2 Liz Maguire	Ottawa	2:00:15
3 Giitah Macharia	Kenya	1:41:02	3 Nathalie Goyer	Saint-Bruno	2:01:33
4 Josephat Ongeri	Kenya	1:41:38	4 Paolina Allan	Aurora	2:04:50
5 David Karanja	Kenya	1:46:30	5 Jennifer Eberman	Toronto	2:04:59
6 Antony Gitau	Kenya	1:46:51	6 Krista Duchene	Brantford	2:06:20
7 Terry Gehl	St. Charles	1:46:51	7 Elizabeth Randell	Buffalo	2:08:19
8 Troy Cox	Huntsville	1:49:31	8 Karen Warrendorf	Vancouver	2:08:52
9 Solomon Tsewameskel	Kitchener	1:50:18	9 Christina Clark	Guelph	2:09:48
10 Louis-Philippe Garnier	Montreal	1:50:49	10 Katrina Cripps	Richmond Hill	2:10:38

2008

Men	Home	Time	Women	Home	Time
1 Alene Reta	New York	1:33:06	1 Lucy Njeri	Scarborough	1:48:28
2 Simon Njoroje	Hamilton	1:33:21	2 Lioudmila Kortchaguina	Toronto	1:52:18
3 Josephat Ongerei	Hamilton	1:34:10	3 Nicole Stevenson	Toronto	1:55:25
4 Benard Onsare	Calgary	1:36:22	4 Sharlene Cobain	Toronto	1:59:44
5 Stephen Drew	Waterloo	1:36:27	5 Liz Maguire	Ottawa	2:00:07
6 Valentine Orare	West Chester	1:36:56	6 Amy Schneeberg	Kingston	2:03:13
7 Henry Githuka	Hamilton	1:37:42	7 Christina Clark	Guelph	2:05:02
8 Augustus Kavutu	Hamilton	1:40:53	8 Katrina Cripps	Richmond Hill	2:05:49
9 David Ndirangu	Hamilton	1:41:10	9 Joanne Bink	Waterloo	2:06:47
10 Scott A. Stevens	St. Catharines	1:42:37	10 Seanna Robinson	Toronto	2:07:24

2007

Men	Home	Time	Women	Home	Time
1 Simon Njoroje	Hamilton	1:32:50*CR	1 Magdelene S. Makunzi	Kenya	1:46:51
2 Danny Kassap	Toronto	1:35:00	2 Lioudmila Kortchaguina	Toronto	1:48:06
3 Baghdad Rachem	Montreal	1:35:19	3 Lisa Harvey	Calgary	1:53:07
4 Josephat Ongeri	Milton	1:36:20	4 Kate Macnamara	Dundas	1:53:14
5 Joseph Nderitu	Hamilton	1:37:15	5 Lauren King	London	1:53:43
6 Joel Bourgeois	Grand-digue	1:38:54	6 Pauline Githuka	Hamilton	1:56:10
7 Paul Aufdemberge	Redford	1:41:13	7 Liz Maguire	Osgoode	1:58:25
8 Benard Onsare	Milton	1:42:36	8 Marybeth Reader	Bloomfield	1:59:46
9 Zeljko Sabol	Kitchener	1:43:33	9 Jutta Merilainen	Battawa	2:00:32
10 Charles Bedley	Toronto	1:43:55	10 Michelle Schuler	Ottawa	2:02:04

2006

Men	Home	Time	Women	Home	Time
1 Nourddine Betchim	Montreal	1:37:58	1 Kate Macnamara	Dundas	1:55:09
2 Joseph Nsengiyumva	Ottawa	1:37:59	2 Liz Maguire	Osgoode	1:57:20
3 Dehbi Amor	Montreal	1:38:50	3 Dolores Davila Silva	Toluca	1:58:12
4 Danny Kassap	Toronto	1:40:15	4 Josiane Aboungono	Toronto	1:59:01
5 Ryan Pauling	Rochester	1:42:04	5 Angela Batsford	Poplar Hill	1:59:32
6 Mark Vollmer	Guelph	1:42:25	6 Laura Mcintyre	Toronto	2:01:26
7 Eric Graf	Meadville	1:43:10	7 Jutta Merilainen	Batawa	2:01:59
8 Daniel Princic	Meadville	1:43:14	8 Chantal Gosselin	Gatineau	2:03:46
9 Paul Kemp	Toronto	1:43:19	9 April Boulton	Toronto	2:04:28
10 Jay Macdonald	Hamilton	1:43:44	10 Seanna Robinson	Toronto	2:05:38

2005

Men	Home	Time	Women	Home	Time
1 Joseph Nderitu	Kenya	1:38:48	1 Kate MacNamara	Dundas, ON	1:53:55
2 Baghdad Rached	Montreal	1:39:05	2 Seanna Robinson	Toronto	1:58:47
3 Nourddine Betchim	Montreal	1:39:13	3 Liz Maguire	Osgoode ON	1:59:07
4 Fethi Outkid	Montreal	1:41:32	4 Josiane Aboungono	Toronto	2:01:12
5 Dahbi Amor	Berea	1:44:13	5 Edel Mooney	Toronto	2:02:04
6 Jay Brecher	Toronto	1:47:30	6 Angela Batsford	Callander ON	2:02:41
7 Steve Weller	London ON	1:47:36	7 Laura McIntyre	Toronto	2:03:23
8 Stephen Miller	Burlington ON	1:47:54	8 Kimberly Peterson	Farmington, MI	2:03:35
9 Andy Mill	Guelph	1:48:52	9 Lynn Dempsey	London, ON	2:04:09
10 Tim Hain	Brockville ON	1:49:10	10 Karen Warrendorf	Vancouver, BC	2:07:00

2004

Men	Home	Time	Women	Home	Time
1 Mustapha Bennacer	Hamilton	1:33:29	1 Lioudmila Kortchaguina	Toronto	1:46:04*CR
2 Joseph Nderitu	Kenya	1:35:41	2 Debbie Maklin	Ottawa	1:56:56
3 Joseph Kamau	Hamilton	1:37:18	3 Seanna Robinson	Concord	1:57:34
4 Danny Kassap	Toronto	1:39:18	4 Angela Batsford	London	1:58:01
5 Charles Bedley	Toronto	1:42:44	5 Veronique Vandersmissen	Coteau du lac	1:58:05
6 Michal Kapral	Toronto	1:43:39	6 Kate Macnamara	Dundas	2:00:25
7 Mark Vollmer	Guelph	1:43:49	7 Allison McKenzie	Toronto	2:00:56
8 Mike Bown	Dundas	1:45:07	8 Kimberly Peterson	Farmington	2:03:39
9 Ian Reid	Toronto	1:45:27	9 Angela Plamondon	Ottawa	2:04:30
10 Rick Hellard	Ottawa	1:46:59	10 Julia Norman	Windsor	2:06:34

2003

Men	Home	Time	Women	Home	Time
1 Joseph Nsengiyumva	Ottawa	1:35:02	1 Lioudmila Kortchaguina	Toronto	1:52:50
2 Joseph Nderitu	Kenya	1:35:18	2 Debbie Maklin	Ottawa	1:58:09
3 Joseph Kamau	Kenya	1:35:35	3 Laura McIntyre	Toronto	1:59:45
4 George Kimathi	Kenya	1:37:00	4 Karen Cowling	Hanmer, ON	2:02:55
5 Jeffrey Day	Berea	1:42:49	5 Lynn Dempsey	London, ON	2:04:21
6 Charles Bedley	Toronto	1:43:04	6 Kim Dezarow	Farmington	2:05:16
7 Louis-Philippe Garnier	Montreal	1:43:09	7 Allison McKenzie	Toronto	2:06:39
8 Derek Reed	Sudbury	1:43:47	8 Callie Clements	Ancaster, ON	2:07:07
9 Richard Tessier	La Perade	1:44:04	9 Rebecca Richards	Barrie, ON	2:07:26
10 Michal Kapral	Toronto	1:46:16	10 Lynn Kobayashi	Toronto	2:08:13

2002

Men	Home	Time	Women	Home	Time
1 Joseph Nderitu	Kenya	1:33:13	1 Lioudmila Kortchaguina	Toronto	1:46:18*CR
2 Jean-Paul Niyonsaba	Ottawa	1:36:03	2 Nicole Stevenson	Toronto	1:47:29
3 Bruce Deacon	Victoria, BC	1:37:19	3 Tania Jones	Maple, ON	1:51:14
4 Mark Andrews	Canisted, NY	1:40:06	4 Leslie Carson	Cambridge, ON	1:54:14
5 Charles Bedley	Toronto	1:41:18	5 Karen Cowling	Hanmer, ON	2:00:46
6 Thomas Proctor	Niagara Falls	1:42:31	6 Grace Pereira	London, ON	2:04:45
7 Stephane Gemache	Ottawa	1:42:43	7 Laura Konantz	Toronto	2:07:20
8 Michal Kapral	Toronto	1:43:18	8 Kirstie Kniaziew	Leamington, ON	2:08:04
9 Jeff Day	Berea, OH	1:43:26	9 Nathalie Thibault	Amos	2:08:32
10 Patrick Donker	Beachville	1:46:58	10 Callie Clements	London, ON	2:09:18

2001

Men			Women				
	Home	Time		Home	Time		
1	Joseph Nderitu	Kenya	1:36:39	1	Elizabeth Ruel	Laval, QC	1:54:20
2	Mark Andrews	Canisted, NY	1:39:13	2	Veronique Vandersmissen	Cote de Lac, QC	1:55:13
3	Fraser Bertram	Toronto	1:40:36	3	Danuta Bartoszek	Mississauga	1:57:22
4	Paul Aufdemberge	Redford, MI	1:40:46	4	Allison McKenzie	Toronto	2:03:32
5	Charles Subano	Kenya	1:40:47	5	Nicola Wilberforce	Hamilton	2:03:44
6	Shane Lavell	Hamilton	1:43:18	6	Suzanne Pribaz	Toronto	2:06:14
7	David O'Keefe	Orchard Park, NY	1:44:39	7	Margaret Watson	Hamilton	2:07:54
8	Guy Murray	Livonia	1:45:51	8	Kelly Knoll	Ottawa	2:08:37
9	Mario Iozzo	Toronto	1:46:06	9	April Boultree	Toronto	2:08:39
10	Jeffery Day	Unionville, ON	1:48:23	10	Louise Voghel	St. Armand, QC	2:10:33

2000

Men			Women				
	Home	Time		Home	Time		
1	Joseph Nderitu	Kenya	1:32:53*CR	1	Veronique Vandersmissen	Cote du Lac QC	1:52:37
2	Mike Dudley	Boulder CO	1:36:42	2	Leslie Carson	Cambridge ON	1:55:32
3	Malcolm Campbell	Marietta GA	1:37:31	3	Sandy Jacobson	Edmonton	2:01:33
4	Keith Stopen	Rosenville MI	1:38:05	4	Elizabeth Ruel	Laval QC	2:01:44
5	Paul Aufdemberge	Redford MI	1:38:39	5	Linda Grossman	Rochester NY	2:02:00
6	Nicolas Leblanc	Montreal	1:42:25	6	Laura Konantz	Mississauga	2:02:44
7	Scott Bagley	Mendon NY	1:45:24	7	Jeanna Robinson	Toronto	2:03:10
8	Kent Hollingsworth	Sarnia ON	1:45:41	8	Louise Voghel	St. Armand QC	2:03:52
9	Harry Welton	Crysler NY	1:46:10	9	Karen Cowling	Hanmer, ON	2:05:56
10	Dan Major	Unionville ON	1:46:32	10	Lois Medal	Toronto	2:06:51

1999

Men			Women				
	Home	Time		Home	Time		
1	Paul Aufdemberge	Redford MI	1:36:30	1	May Allison	North York ON	1:52:37
2	Paul Mbugua	Kenya	1:37:48	2	Veronique Vandersmissen	Cote du Lac QC	1:53:15
3	John Waigua	Kenya	1:38:02	3	Nicole Stevenson	Toronto	1:54:01
4	Timothy Mangera	Kenya	1:38:43	4	Leslie Carson	Cambridge ON	1:56:09
5	Keith Stopen	Rosenville MI	1:39:08	5	Cindy New	Montreal	2:00:47
6	Ivan Gomez	Toronto	1:39:29	6	Helen Zaikoff	Knowlton QC	2:00:55
7	Mike Dyon	Mississauga	1:41:10	7	Linda Grossman	Rochester NY	2:01:58
8	Gilbert Gagne	St. Adele QC	1:43:25	8	Louise Voghel	St. Armand QC	2:03:47
9	Rick Hellard	Ottawa	1:45:29	9	Lisa Veneziano	Fenton MI	2:04:27
10	Troy Cox	London ON	1:45:58	10	Marianne Bialkowski	Parry Sound ON	2:06:55

1998

Men			Women				
	Home	Time		Home	Time		
1	Sean Wade	Houston TX	1:34:43	1	Danuta Bartoscek	Mississauga	1:53:52
2	Paul Mbugua	Kenya	1:35:27	2	Christine Cote	Hamilton	1:56:38
3	Malcolm Campbell	Marietta GA	1:37:53	3	Leslie Carson	Cambridge ON	1:58:44
4	Fraser Bertram	Toronto	1:39:13	4	Paula Dacalan	Aurora ON	1:59:05
5	Rick Harris	Sarnia ON	1:40:48	5	Beth Di Ciantis	Rochester NY	1:59:35
6	Gordon Neysmith	Montreal	1:42:57	6	Melissa Spooner	Etobicoke	1:59:41
7	Dave Reid	Toronto	1:44:42	7	Marion Schoeler	Toronto	2:01:08
8	Joseph Biasillo	West Seneca NY	1:46:15	8	Gina Pacitti	Moon Twp PA	2:03:45
9	Scott Vining	Owen Sound ON	1:46:27	9	Laura Konantz	Etobicoke	2:05:00
10	Stan Trudeau	Toronto	1:46:44	10	Cindy New	Montreal	2:05:43

1997

Men	Home	Time	Women	Home	Time
1 Paul Mbugua	Kenya	1:35:34	1 Katie Dosser	Jarvis ON	1:56:22
2 Michael Dudley	Morgantown WV	1:35:35	2 Christine Cote	Hamilton	1:57:44
3 Bill Frawley	Williamsville NY	1:35:36	3 Cindy New	Montreal	1:58:46
4 Malcolm Campbell	Marietta GA	1:35:41	4 Leslie Carson	Cambridge ON	2:00:01
5 Keith Stopen	Toronto	1:36:12	5 Lioudmila Alexeff	Toronto	2:00:42
6 Joseph McVeigh	Summit NJ	1:38:26	6 Melissa Spooner	Etobicoke	2:05:57
7 Rick Harris	Sarnia ON	1:38:50	7 Jennifer MacDonell	Ottawa	2:07:18
8 Alain Boucher	Kanata ON	1:42:31	8 Mary Rodney	London ON	2:08:28
9 Alan Evans	Hornby NY	1:43:10	9 Laura Igoe	Lockport NY	2:09:38
10 Geoff Cameron	Etobicoke	1:44:09	10 Karen Cowling	Hanmer ON	2:10:38

1996

Men	Home	Time	Women	Home	Time
1 Peter Maher	St Petersburg FL	1:35:42	1 Cindy New	Montreal	1:53:42
2 Mike McGowan	Toronto	1:37:48	2 Geordie Farrell	Port Elgin ON	2:18:02
3 Wayne Riley	Windsor ON	1:38:30	3 Julia Norman	Toronto	2:18:38
4 Karel Jircik	Mississauga	1:41:20	4 Lesley Richmond	Sarnia ON	2:22:08
5 Derek Reed	Sudbury ON	1:41:47	5 Patricia Coburn	Toronto	2:22:12
6 Jeff Taggart	Wolfe Is. ON	1:43:35	6 Marg Climenhaga	Courtoice ON	2:22:19
7 Henry Bickford	Mississauga	1:43:47	7 Christine Ross	Toronto	2:23:13
8 Darren Murphy	Hamilton	1:44:00	8 Sandy O'Sullivan	Ancaster ON	2:23:19
9 Rick Mannen	Brantford ON	1:44:52	9 Karen Shortt	Mississauga	2:23:43
10 Paul Root	Hamilton	1:45:57	10 Pat Campbell-Pea	Kitchener	2:24:03

1995

Men	Home	Time	Women	Home	Time
1 Mike McGowan	Mississauga	1:36:09	1 Kim Webb	Mississauga	1:49:17
2 Scott Bagley	Mendon NY	1:36:11	2 Anne Boyd	United States	1:53:56
3 Geof Cameron	Mississauga	1:37:46	3 Cindy New	Montreal	1:54:26
4 Clive Hamilton	Kitchener	1:39:18	4 Marion Schoeler	Toronto	1:55:58
5 Bruce Raymer	Mississauga	1:39:41	5 Katie Dosser	Jarvis ON	1:56:23
6 Smartex Tambala	Kenya	1:39:52	6 Alison Evanoff	Scarborough ON	1:56:59
7 Chris Wylie	Oakville ON	1:39:58	7 Kim Kavluk	Stouffville ON	1:58:55
8 Alberto Del'Apa	Toronto	1:40:31	8 Christine Cote	Hamilton	2:00:26
9 John Cress	Cambridge ON	1:41:47	9 Joanne Merner	London ON	2:02:03
10 Kenneth Riley	Windsor ON	1:42:46	10 Laura Konantz	Toronto	2:03:17

1994

Men	Home	Time	Women	Home	Time
1 Sam Nyangincha	Kenya	1:32:55*	1 May Allison	Toronto	1:50:54
2 Derek Froude	Tampa FL	1:33:49	2 Jennifer Martin	United States	1:52:36
3 Peter Fonseca	Toronto	1:35:19	3 Kim Webb	Toronto	1:53:14
4 Antoni Niemczak	Rochester NY	1:38:00	4 Katie Dosser	Jarvis ON	1:54:49
5 Doug Kurtis	Northville MI	1:38:16	5 Lois Medal	Etobicoke	1:57:44
6 Pat Cauley	Buffalo NY	1:38:54	6 Melissa Putt	Toronto	1:58:44
7 Smartex Tambala	Kenya	1:39:44	7 Diane Legare	Montreal	1:58:49
8 Bill Rodgers	Sherborn MA	1:40:02	8 Marion Schoeler	Toronto	1:59:54
9 Klaus Loeffler	Germany	1:40:22	9 Laura Lynn	Goulais River ON	2:00:37
10 Harry Welton	Embrun ON	1:40:26	10 Leslie Carson	Cambridge ON	2:02:11

1993

Men	Home	Time	Women	Home	Time
1 David O'Keeffe	Orchard Park, NY	1:38:22	1 Lianne Brussieres	London, ON	1:47:03
2 Bill Rogers	Boston, MA	1:39:18	2 Laura Konantz	Etobicoke	1:53:29
3 Dave Saville	Ottawa	1:40:09	3 Lois Medal	Toronto	1:55:47
4 Andrew Jones	Gloucester, ON	1:41:49	4 Bethanne DeCiantis	Rochester, NY	2:00:54
5 Paul Root	Hamilton	1:42:17	5 Barbara McCuaig	Gloucester, ON	2:02:56
6 Eddie Raposo	Toronto	1:42:26	6 Kimberly Bruce	Dearborn, MI	2:04:14
7 Mitch Sokolowski	Hamilton	1:42:45	7 Elizabeth Fletcher	Toronto	2:05:42
8 Wally Rabbitskin	Mistissini, QC	1:44:30	8 Diana Booth	Toronto	2:05:45
9 Jim Burrows	London, ON	1:44:55	9 Joceline Otis	Hamilton	2:07:53
10 Terry Orlando	Erie, PA	1:45:02	10 Lisa Milczarski	Novi, MI	2:08:01

1992

Men	Home	Time	Women	Home	Time
1 Clive Hamilton	Kitchener	1:40:26	1 Veronique Marot	West Salem, OH	1:54:42
2 Andrew Jones	Gloucester, ON	1:41:19	2 Kimberley Webb	Etobicoke	1:57:26
3 Douglas Moreland	Buffalo, NY	1:41:53	3 Carol Poenisch	Dearborn, MI	2:01:06
4 Mitch Sokolowski	Hamilton	1:42:34	4 Anne Myers	Rochester, NY	2:01:43
5 Joseph Biasillo	West Seneca, NY	1:43:27	5 Maureen Griffith	Mississauga	2:03:02
6 Paul Root	Hamilton	1:43:58	6 Sharon Culliton	London, ON	2:04:42
7 David Walker	Toronto	1:44:04	7 Jennifer Umphrey	London, ON	2:04:43
8 Henry Bickford	Thornhill, ON	1:44:33	8 Laura Walsh	Toronto	2:05:23
9 Greg Gillson	Windsor, ON	1:44:38	9 Noeleen Wadden	St. John's, Nfld.	2:05:30
10 Shaun Manning	Toronto	1:46:59	10 Audrey Fyke	Kincardine, ON	2:06:48

1991

Men	Home	Time	Women	Home	Time
1 Peter Maher	Thornhill, ON	1:33:00	1 Veronique Marot	Wooster, OH	1:48:52
2 David O'Keeffe	Orchard Park, NY	1:35:16	2 Danuta Bartoszek	Mississauga	1:51:58
3 Clive Hamilton	Kitchener	1:36:32	3 Laura Konantz	Etobicoke	1:53:56
4 Doug Moreland	Cheektowaga, NY	1:39:26	4 Jennifer Umphrey	Ottawa	2:02:44
5 Eddie Raposo	Toronto	1:40:15	5 Anne Myers	Rochester, NY	2:04:14
6 Rick Mannen	Brantford, ON	1:40:21	6 Louise Gingras	Richmond Hill, ON	2:04:54
7 Ted Mc Keigan	Mississauga	1:40:48	7 Vickie Putnam	Dearborn, MI	2:07:31
8 George Tomlinson	Toronto	1:41:35	8 Adele Emo	Toronto	2:07:37
9 Dean Foster	Kitchener	1:43:35	9 Alayne Adams	Hamilton	2:07:42
10 Mitch Sokolowski	Hamilton	1:44:00	10 Chris Cote-Nicholson	Hamilton	2:08:53

1990

Men	Home	Time	Women	Home	Time
1 Peter Maher	Thornhill, ON	1:35:54	1 Laura Konantz	Toronto	1:54:16
2 Andy Kore	Welland, ON	1:36:04	2 Maureen Griffith	Mississauga	1:57:03
3 David O'Keeffe	Orchard Park, NY	1:37:18	3 Kathleen Walker	Toronto	2:07:30
4 Andrew Jones	Nepean, ON	1:39:24	4 Bethanne DeCiantis	Rochester, NY	2:08:32
5 Muya Wachira	Ottawa	1:40:14	5 Jennifer Umphrey	Guelph, ON	2:08:44
6 Rick Mannen	Brantford, ON	1:40:33	6 Louise Gingras	Richmond Hill, ON	2:09:49
7 Henry Bickford	Thornhill, ON	1:40:44	7 Rebecca Buster	Buffalo, NY	2:10:22
8 Mike Dyon	Mississauga	1:44:46	8 Lori Bowden	Toronto	2:10:54
9 Mitch Sokolowski	Stoney Creek, ON	1:44:53	9 Kimberley Jelly	Toronto	2:11:13
10 David Walker	Toronto	1:45:01	10 Adele Emo	Toronto	2:11:42

1989

Men	Home	Time	Women	Home	Time
1 Peter Maher	Thornhill, ON	1:34:13	1 Dorothy Goertzen	Toronto	1:58:53
2 Andrew Jones	Nepean, ON	1:38:11	2 Sherry Mason	Cochran, PA	1:59:47
3 John Rendeiro	Mississauga	1:40:55	3 Bethanne DeCiantis	Rochester, NY	2:06:03
4 Muya Wachira	Ottawa	1:41:28	4 Kathy Graim	Williamsville, NY	2:09:12
5 Don Kerr	Hamilton	1:43:20	5 Kathleen Walker	Toronto	2:09:18
6 Gordon Aglor	Hamilton	1:43:37	6 Kathy Francey	Milton, ON	2:09:53
7 Darrell Hay	Oshawa, ON	1:44:13	7 Lori Bowden	Toronto	2:10:08
8 Wally Grasmeyer	Nepean, ON	1:44:18	8 Carole Jones	Chatham, ON	2:10:16
9 Paul Tinari	Downsview, ON	1:44:29	9 Janice Robinson	Mississauga	2:10:30
10 Alan Cantlay	Kingston, ON	1:45:04	10 Joanie Zirkelbach	Depew, NY	2:11:04

1988

Men	Home	Time	Women	Home	Time
1 Paul Waldie	Ottawa	1:39:22	1 Laura Konantz	Toronto	1:58:40
2 Gordon Neysmith	Montreal	1:40:09	2 Joceline Otis	Hamilton	1:58:44
3 Larry McCloskey	Ottawa	1:40:13	3 Jean Payette	Toronto	2:00:48
4 Ken Hamilton	Maple, ON	1:41:58	4 Dorothy Goertzen	Toronto	2:01:53
5 Michael Petrocki	St.Catharines, ON	1:42:18	5 Pauline Watson	Burlington, ON	2:05:13
6 Walter Faion	Weston, ON	1:42:28	6 Diane Cassidy	Kanata, ON	2:05:47
7 Jason Goveas	Ottawa	1:42:45	7 Marjory Stewart	St.Catharines, ON	2:08:33
8 Muya Wachira	Ottawa	1:44:35	8 Michelle De Gaust	Mississauga	2:08:38
9 Gordon Aglor	Hamilton	1:44:55	9 Bethanne DeCiantis	Rochester, NY	2:09:52
10 David Deubelbeiss	Haileybury, ON	1:45:06	10 Rosemary Hyslop	Hamilton	2:10:40

1987

Men	Home	Time	Women	Home	Time
1 Peter Maher	Thornhill, ON	1:34:02	1 Susan Stone	Toronto	1:51:37
2 Chris Lane	Waterloo, ON	1:41:45	2 Jean Payette	Toronto	1:52:01
3 David Coyne	Avon, NY	1:42:17	3 Laura Mary Konantz	Toronto	1:54:56
4 Iain Switzer	Dundas, ON	1:42:37	4 Joceline Otis	Hamilton	2:00:10
5 Bobby Hooper	Owen Sound, ON	1:42:48	5 Marianne Talman	Hamilton	2:02:14
6 Steve Shard	Mississauga	1:43:33	6 Debra Brown	Ottawa	2:05:12
7 Gary Ranalli	Oshawa, ON	1:43:37	7 Carole Jones	Chatham, ON	2:06:40
8 Dave Kalmats	Welland, ON	1:43:40	8 Joan Zirkelbach	Depew, NY	2:07:22
9 Gordon Aglor	Hamilton	1:43:56	9 Ellen Coyne	Avon, NY	2:07:26
10 Gordon Moat	Ottawa	1:44:29	10 Wanda Cousineau	Woodstock, ON	2:07:56

1986

Men	Home	Time	Women	Home	Time
1 Bob Slipp	Kanata, ON	1:39:53	1 Jennifer Ditchfield	Mississauga	1:55:38
2 Larry McCloskey	Ottawa	1:40:17	2 Joceline Otis	Hamilton	1:59:59
3 Mike Ivancic	London, ON	1:43:07	3 Laura Oullette	Goulais River, ON	2:06:18
4 Marc Roberts	London, ON	1:44:11	4 Michelle DeGaust	Etobicoke	2:10:36
5 Gary Ranalli	Oshawa, ON	1:44:21	5 Marianne Talman	Hamilton	2:11:49
6 Wally Grasmeyer	Ottawa	1:44:56	6 Patricia Taveres	Kingston, ON	2:13:05
7 Gord Tessier	Burlington, ON	1:45:11	7 Donna Ross	Sarnia, ON	2:13:44
8 Greg Irwin	London, ON	1:45:19	8 Brenda Thompson	London, ON	2:14:07
9 Gord Aglor	Hamilton	1:45:54	9 Audrey McCabe	Acton, ON	2:15:13
10 Rick Hughson	Boulder, CO	1:46:03	10 Eva Poxon	Toronto	2:16:10